

Dishes and their allergen content

contains















May contain

Week 3- Thursday

Lunch: Fish cakes, wedges and mixed vegetables

Vegetarian: Fishless bake, wedges and mixed vegetables

Pudding: Fruit flapjacks

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts [†]	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Fishcakes		Wheat												
Potato wedges														
Mixed vegetables														
Fishless bake		Wheat & Barley												
Water														
Granulated sugar														
Golden syrup														
Oatflakes		Oats. May contain barley & wheat												
Apples														